

Alateen

**7:30 – 8:30 Monday Evenings
Arroyo Grande Methodist Church**

275 N. Halcyon Road
Arroyo Grande, CA 93420
For more information call:
440-4231

Alateen Purpose

Alateen is part of Al-Anon, which helps families and friends of alcoholics recover from the effects of living with the problem drinking of a relative or friend. Alateen is our recovery program for young people. Alateen groups are sponsored by Al-Anon members.

Our program of recovery is adapted from Alcoholics Anonymous and is based upon the Twelve Steps, Twelve Traditions, and the Twelve Concepts of Service.

The only requirement of membership is that there is a problem of alcoholism in a relative or friend.

Al-Anon/Alateen is not affiliated with any other organization or outside entity.

Is Alateen for You?

Is someone's drinking bothering you? Alateen is for you.
Alateen is for young people whose lives have been affected by someone else's drinking.

Younger people come together to:

- share experiences, strength, and hope with each other
- discuss their difficulties
- learn effective ways to cope with their problems
- encourage one another
- help each other understand the principles of the Al-Anon program
- learn how to use the Twelve Steps and Alateen's Twelve Traditions

Alateen is a fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking.